

Name: _____

How to ask your teacher for help

Sometimes, it is very scary to ask a teacher for help. They feel unapproachable! How do you approach a teacher for help?

Steps

1. **Breathe deeply.** Don't worry that your teacher will not like you.
2. **Take out your book for the subject** [i.e. if you are asking Ms. Roberts, the grammar teacher, then get out your grammar book]
3. **Flip to the page that you think explains your topic**
4. **Approach the teacher or raise your hand (know your teacher's expectations)!**
5. **Say "Mr/Mrs/Ms/Miss _____ (example Mr. Patrickson), I am having trouble understanding _____ (example: answer this question). Could you please help me?"**
6. **Your teacher will help you kindly, most likely.** Don't worry, this is completely normal not understanding topics! You are not the only person in the world who cannot understand the topic!
7. **Make sure you fully understand the topic; don't just say, *Yes, I understand" even though you don't!***
8. **You can ask for more than one topic; surely your teachers will help you.** That's what they're here for!!!

Tips

- Make sure you approach the teacher confidently!
- Don't interrupt when the teacher is explaining the concept
- Take as much time as you need; don't just rush the teacher and be done with it in thirty seconds
- Make sure you don't be rude to the teacher and interrupt. Listen carefully and quietly. Ask questions once the teacher is finished explaining.

Name: _____

In pairs you will write down how you would act in a certain situation. Each pair will be assigned a letter. You only need to answer your assigned situation.

Here's the situation: You had to go to the nurse's office for the first half of class. Now you are back and...

- a. Everyone is working silently on a worksheet
- b. Students are working in groups
- c. The teacher is talking to the whole class

What do you do in situation _____?

When should you ask your teacher for help? What should you do *before* you ask them?