

What:

- The point of ATL is to help you be a successful middle school student!
- On Mondays and Fridays you will have a study hall
 - [Study Hall Checklist](#)
- Lessons on [Approaches to Learning Skills](#) organized by the [IB Learner Profile](#) will help you learn how to learn or in other words be successful in school
- One-on-One check-ins
 - Every month your advisor will check in with you individually to make sure you are staying on track academically, you are feeling safe and respected at DCI and discuss any challenges you are having inside or outside of school.
- Student Led Conferences
 - Twice a year your parents/guardians will come to school to listen to you reflect on the amazing work you are doing at DCI. You will work on these presentations in ATL and your advisor will be at your conference

Who:

- 12-16 kids in each Advisory and they stay together from 6-8th grade
- Advisors are your main “point person” at DCI, if you need help with anything go to them first

When:

- Every day for 55 minutes