



Spring 2014 Group led by:

Guidance Counselor: Rosslyn DesRuisseaux, & Guidance Intern: Bailey Lowenthal

The 9th Grade Success Group is an 8-week psychoeducational group which focuses on personal and academic development. The group goals are:

To help students learn how to manage their time more effectively

To illustrate the importance of setting learning goals and to define and develop long and short term goals.

To help students learn more effective classroom and study skills

To give student a chance to discuss stress surrounding tests and provides them with techniques to manage these feelings.

To teach methods for effective decision making that students' can use to make choices about situations relating to school.

To provide an understanding of how peer pressure can affect school performance and demonstrates method for saying no to destructive influences.

Session I	1:15	March 13
Session II	9:50	March 20
Session III	12:18	March 27
Session IV	11:18	April 3
Session V	11:18	April 10
Session VI	9:50	April 17
Session VII	1:15	May 1
Session VIII	2:15	May 8